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# Calendar

# 2026

Building a Strong Canada

Empowering | Building | Investing | Protecting

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# TERRY BEECH

BURNABY NORTH - SEYMOUR



## Investing in Canadians

While Canada continues to be in one of the most robust financial situations in the world, we recognize that inflation has caused strains on families. That is why we continue to invest in creating good-paying jobs, growing the economy, and ensuring that Canadians have affordable options for their essentials. Through our investments in companies like Salish Elements, HTEC, and PH7 Technologies, we are creating hundreds of good jobs in our community while helping to reduce emissions.

# JANUARY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	DEC 31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## Have a Question? We Can Provide an Answer

Whether it is something you heard on the news, read online, or learned in a conversation with a friend—if you have a question about the work of the federal government, we would be happy to provide an answer. We always want to be transparent and accountable to you about our work in Parliament. Go to [terrybeechmp.ca/surveys](https://terrybeechmp.ca/surveys) to let us know what's on your mind.

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BURNABY NORTH - SEYMOUR



## Happy Lunar New Year!

Lunar New Year is a fantastic opportunity to recognize the incredible diversity that makes our community great. Keep an eye out for Lunar New Year events across our community—we are excited to celebrate the Year of the Horse with you and your family.



# FEBRUARY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
MARCH 1	2	3	4	5	6	7

## Apply to Canada Summer Jobs

The Canada Summer Jobs Program ensures that young Canadians get the experience they need to secure good-paying jobs in the future. To learn more about the program visit [jobbank.gc.ca/youth](https://jobbank.gc.ca/youth).



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## Engaging with our Community Members

Our team participates in community events throughout the year, from Parkgate Days to Remembrance Day ceremonies. These gatherings give us the opportunity to connect directly with constituents and hear firsthand how we can better serve Burnaby and North Vancouver. By involving residents in the decision-making process, we ensure that the policies and programs we develop reflect the full range of perspectives and priorities within our communities.

# MARCH 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	APRIL 1	2	3	4

## Our Reports

Constituents want to know what our government is doing to address our most important issues. We recently updated our local policy reports on Affordability, the Economy, Environment and Climate Change, Housing, Seniors, and more. Visit [TerryBeechMP.ca/reports](https://TerryBeechMP.ca/reports) to read more.



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## Investing in Early Learning and Child Care

Our government recognizes the vital role of early childhood education and is committed to removing barriers for workers in the sector. New initiatives like the National School Food Program are ensuring that children have the nutrition they need to focus on learning—while helping parents save directly on household costs.

# APRIL 2026

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	March 31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	May 1	2

## Constituency Meetings

Since 2015, I've met one-on-one with every constituent who has asked to speak with me. Normally, we do those meetings in my constituency office, but since the pandemic began, we've also been connecting over video conference. If you ever want to meet with me, feel free to contact our office.

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BURNABY NORTH - SEYMOUR



## Supporting our Seniors

Through investments in Old Age Security, the Canada Pension Plan, and the Guaranteed Income Supplement, our government is ensuring that seniors across the nation can enjoy a comfortable and dignified retirement. We remain steadfast in our commitment to safeguard the Canada Pension Plan, recognizing its indispensable role in securing the retirement well-being of millions of Canadians.

# MAY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
26	27	28	29	APRIL 30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30   SUN 31

## Recognizing the Achievements of our Community

We always want to celebrate the achievements and milestones of our community members and the organizations that support them. Please let us know about a significant birthday, anniversary, or achievement, and our office would be glad to provide a parliamentary certificate to mark the occasion.

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## Investing in Sustainable Energy and Climate Action

Budget 2025 launched the Climate Competitiveness Strategy, using Canada's strengths in clean technology and natural resources to attract investment and create good jobs. These investments in infrastructure, training, and innovation will keep Canada competitive and support long-term economic growth.

# JUNE 2026

SUN	MON	TUE	WED	THU	FRI	SAT
MAY 31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	JULY 1	2	3	4

## Congratulations to the Class of 2026!

As an MP, I've had the opportunity to speak to thousands of students who are eager to contribute to Canada and make a difference in the world. To everyone graduating—congratulations!

To learn more about support for students and young Canadians visit [Canada.ca](https://Canada.ca).

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**Happy Canada Day!**

Let's come together to reflect on everything that makes Canada a wonderful place to live and raise a family. We are proud to be a welcoming and kind nation that believes in equal opportunity for all. Once again, Canada has been recognized as one of the best places in the world to enjoy a high quality of life—a true reason to celebrate.



# JULY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
28	29	JUNE 30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	AUG 1

## Check out our Website!

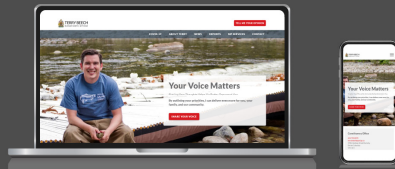
Navigating federal government services can be challenging.

Our website is available to help you learn more about the services our office can provide, as well as over 100 pages of policy documents, requests for greetings, and more.

Visit us at [TerryBeechMP.ca](https://TerryBeechMP.ca).

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## Meeting Constituents

Our team is always looking for new ways to connect with constituents and engage with our community. Whether we're attending parades and festivals or hosting "Coffee in Your Lobby" events, we're committed to meeting people where they are and listening to how we can better represent Burnaby and North Vancouver. If you have ideas or feedback on how we can strengthen our work in Ottawa, please reach out to our office or visit [TerryBeechMP.ca](http://TerryBeechMP.ca).

# AUGUST 2026

SAT	SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	29
	30	31	SEPT 1	2	3	4	5

## Happy Pride!

We hope you'll join us in celebrating love and community—a place where everyone can feel safe, unafraid, and proud to be themselves. In Canada, our diversity is our strength. We will continue building an open and inclusive society.



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Each year on September 30, we observe the National Day for Truth and Reconciliation to honour the children who never returned home, survivors of residential schools, and their families and communities. The day also coincides with Orange Shirt Day, a movement led by Indigenous communities to raise awareness about the intergenerational impacts of residential schools and to affirm that Every Child Matters.

# SEPTEMBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
30	AUG 31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	OCT 1	2	3

## Join our Youth Council or Request a Classroom Visit

We need more young people to contribute their energy and ideas to shaping a better Canada. We strongly encourage anyone aged 15 to 25 to join our Youth Council, where you can interact with local, provincial, and national leaders. If you are a teacher at any education level, we would be happy to visit your classroom to speak with students and answer their questions.

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## Working Together

Serving as a Member of Parliament means working across boundaries, not just within federal responsibilities. Many of the issues Canadians face can only be solved by bringing together industry, community partners, and all levels of government. We are all part of Team Canada, united in building a better future. If you have thoughts on how we can strengthen our country, our office would be glad to hear from you.

# OCTOBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	SEPT 30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## Featuring Local Small Businesses

I'm always looking to speak with small business owners in our community! If you would like me to visit your business or feature it on social media or in our newsletters, get in touch at [Terry.Beech@parl.gc.ca](mailto:Terry.Beech@parl.gc.ca).

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# NOVEMBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	DEC 1	2	3	4	5

## Supporting our Veterans

Our government has made significant investments to ensure Canadian veterans have access to the services and mental health support they deserve. If you are a veteran and ever encounter trouble accessing these programs, please do not hesitate to contact our office.

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# DECEMBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
29	Nov 30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	JAN 1	2

## Supporting the Diversity of our Community

Burnaby and North Vancouver are made stronger by the multitude of religions, family backgrounds, and life experiences that make each of us who we are. As your Member of Parliament, we want to ensure that we support everything that makes our community strong. If you would like me to attend a special occasion or gathering of community members, please reach out, and we will do everything possible to attend.

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## Our Office is Here to Help!


Our staff and I can help you with navigating through the many different federal departments, programs, and services related to any of the following areas:

- **Canadian Immigration and Visas**
- **Service Canada**  
Employment Insurance (EI), Canada Pension Plan (CPP), Old Age Security (OAS), Guaranteed Income Supplement (GIS)
- **Canada Revenue Agency (CRA)**
- **Passport Canada**
- **Federal Funding for Organizations**
- **Volunteer Opportunities & More!**

**Reach out today to make an appointment**

 TerryBeechMP.ca

 /terryjamesbeech

 604-718-8870

 /terryjamesbeech

 **YouTube:** TerryBeechBurnabyNorthSeymour



Julie Astley has been leading our office since 2021 and has built an exceptional team that continues to serve Burnaby and North Vancouver.

If you have any feedback on how we can improve our services, please do not hesitate to contact us.